

Eph 3.16

I pray that God would grant
you, according to the riches of
His glory, to be **strengthened**
with might through His Spirit
in your inner man

Prov 18.14

**The spirit of a man will
SUSTAIN HIM**

The Strong Spirit

Part 3

Lk 1.76

You, my child, will be called a prophet of the Most High; for you will go on before the Lord (Jesus) to prepare the way for him...And the child grew and became **strong in spirit**

**To be strong in spirit,
you must be
disciplined**

Lk 1.11

Then an angel of the Lord appeared to him, standing at the right side of the altar of incense. When Zechariah saw him, he was startled and was gripped with fear.

Lk 1.11

But the angel said to him: “Do not be afraid, Zechariah; your prayer has been heard. Your wife Elizabeth will bear you a son, and you are to call him John. He will be a joy and delight to you,

Lk 1.11

**and many will rejoice because of
his birth, for he will be great in
the sight of the Lord. HE IS
NEVER TO TAKE WINE OR ANY
OTHER FERMENTED DRINK**

A DISCIPLINED LIFE

**“Discipline is rarely
enjoyable, but almost
always profitable”**

**“Your first and best
victory is to
conquer self”**



**“Whatever is
not growing,
is dying”**

Bill Wilson

**It's going to take
DISCIPLINE**

“You’ll never be the person you can be, if pressure, tension and discipline are removed from your life”

**“You won’t always be
motivated, so must
learn to be disciplined”**

**It's almost impossible
to *STAY* motivated**

**At some point
motivation must
be replaced by
DISCIPLINE**

2 Tim 1.7

**For the Spirit God gave us
does not make us timid, but
gives us power, love
and self-discipline**

2 Tim 4.7

**I have fought the good fight, I
have finished the race, I have
kept the faith**

Phil 3.13

One thing I do: Forgetting what is behind and **straining toward what is ahead, I **press on** toward the goal to win the prize for which God has called me heavenward in Christ Jesus**

**a. You're more disciplined
in your thoughts**

2 Cor 10.5

**We take captive every thought to
make it obedient to Christ**

**b. You're more disciplined
in your health**

1 Cor 9.27

I beat my body and make it my slave

**c. You're more disciplined
in your reactions**

Jam 1.20

**Man's anger does not produce the
righteousness that God desires**

**d. You're more disciplined
in your speech**

Psa 141.3

**Set a guard over my mouth, Lord;
keep watch over the door of my lips -
WHY?**

Matt 12.36

**But I tell you that everyone will
have to give account on the day of
judgment for every empty word
they have spoken**

**e. You're more disciplined
in your sexuality**

1 Thes 4.4

Each of you should learn to control your own body in a way that is holy and honorable, not in passionate lust like the pagans, who do not know God

**f. You're more disciplined
in your finances**

Prov 13.11

**Dishonest money dwindles away,
but whoever gathers money
LITTLE BY LITTLE (discipline)
makes it grow**

**g. You're more disciplined
in how you deal with
temptations**

Jam 4.7

Submit yourselves to God. Resist the devil, and he will flee from you

**h. You're more
disciplined with your
rewards for the next life**

1 Cor 9.25

Everyone who competes in the games goes into **strict training. They do it to get a crown that will not last, but we do it **TO GET A CROWN** that will last forever (next life)**

**1. Discipline will
keep you from
disqualifying yourself**

1 Cor 9.27

**I beat my body (discipline)
and make it my slave so that
after I have preached to
others, I myself WILL NOT BE
DISQUALIFIED**

**People who preached
to OTHERS, but ended
up disqualifying
THEMSELVES**

**2. Discipline will
build your
organisation**

**You can rely less on
RANK to get the
RESULTS**

**“The moment you feel
the need to tightly
manage someone, you’ve
made a hiring mistake”**

**3. Discipline will
protect you as a parent**

Prov 10.1

**A wise son brings joy to his
father, but a foolish son brings
grief to his mother**

1 Sam 3.13

I told Eli that I would judge his family forever because of the sin he knew about; his sons made themselves disgraceful, and he failed to discipline them

**4. Discipline will bring
your breakthrough**

Gal 6.9

**Let us not become weary in
doing good (discipline), for at
the proper time we will reap a
harvest (breakthru) if we do
not give up**

EVERYDAYS

ONEDAY

**You need the
EVERYDAYS, if you're
going to get to your
ONEDAY**

“Every morning in Africa, a Gazelle wakes up. It knows it must outrun the fastest lion or it will be killed. Every morning in Africa, a lion wakes up. It knows it must run faster than the slowest Gazelle or it will starve to death. It doesn't matter whether you're a lion or a Gazelle – in Africa, when the sun comes up, you'd better be running”

The Strong Spirit

Part 3

